



A Tree Talk by Mark Cooper in 1988

Life can be difficult at times, especially during your growing years. It is incredibly important not to let these trying times crash over you and sink your personality. Be yourself and be happy with your individuality. Face challenges, take things as they come, SMILE when you know that you have done your best. Strive for your best, but accept that things will not always be your way. Whether at camp or at home, don't fall into the selfish trap of gloom and despair. SMILE! By sharing your cheerful character, make yourself and those around you happy. And, most of all, maintain that light-hearted attitude – it will save you from self-pity. Lightheartedness will help us face and overcome the challenges which lie ahead.