



A Tree Talk by Jay West in 1992

When making choices, try to be true to yourself and what you believe. This is difficult and may result in sacrificing popularity in the short run, but in the long run, you will gain the respect of others and you will respect yourself as well. Emerson said, “No man can bring you peace but yourself.” By acting in accordance with the values you gain at camp and at home, you will be much happier with yourself.