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Well another summer has ended, and all we are left with is memories – memories of friends, memories of good times, memories of lessons learned, memories of accomplishment. Memories can be magical things because they allow us to recall times when we were happy or sad or proud or thoughtful. They allow us to mark certain moments in our lives that are special to us because of what we learned, what we were feeling, or who we were with.

This book is an attempt to preserve some of the memories we created as a community this summer. Memories can die if they are ignored, and it is important to keep them alive. Make camp part of your active memory, stay in touch with the friends you made this year, and remember what you learned this season about the goodness of the human spirit.

Our lives are an accumulation of experiences and memories. Learn from your experiences this summer and share the knowledge you have gained with others. Pasquaney is a great tree growing on a foundation of principles, and it is important to water the roots of wisdom within your own communities during the coming school year so that the tree can continue to grow stronger.

The following Tree Talks are based on the experiences of the counsellors who wrote them. Learn from their different perspectives of life and use your newfound knowledge to direct you on your quest for truth.
A.L.S.

Mark Cattrell on Having No Regrets: What I hold to be one of the most valuable qualities in a person is his ability to evaluate himself and his performances according to a well defined set of goals or expectations. Almost always, an honest self- evaluation will give you great insight into your character. You can learn things about your ability, priorities, values, and work ethic by an appraisal of your motives and a careful assessment of a given performance. By learning what can be adjusted and improved during and after an activity, you will have partially prevented the feeling of regret in the future.

Trev Winstead on Happiness: The key to happiness lies inside each of us. Have enough confidence in yourself and respect for yourself to not worry about what other people think, because in the end, you are the one living your life, not anyone else. Everyone has heard the expression about putting yourself in someone else's shoes, but my addition to this statement is to put yourself in someone else's shoes, then hang out with yourself. Once you have given yourself an honest self-evaluation and are happy with the answers you find, you will be well along the road to happiness. Find a place that welcomes you, that appreciates you for your talents. Pasquaney can serve as a model to you when looking for a community that breeds happiness.

Murray Fisher on Maintaining a Positive Attitude: The amount of enjoyment you get out of almost anything is directly related to how much you put into it. Before you hike a mountain, do a duty, or swim your raft, I urge you to be positive about this undertaking. Figure out what you can gain by accomplishing the task ahead of you and go into it psyched rather than negative. This will significantly increase your enjoyment, and your positive attitude will flow to all the others you are associated with, until doing just about anything can be fun and rewarding.

Steve Weinsier on Individuality and Diversity: Everyone here is an individual and is important to our community. Pasquaney is a small enough place so that everyone interacts with everyone else and everyone influences everyone else. Each individual plays a significant role in molding our community. Camp is united under a common system of values and morals, but it is made up of people with different nationalities, religions, economic classes, and ethnicities. Our community is strengthened by this diversity. You can help our community by sharing your skill and your unique character with us.

Tom Bayliss on Camp in the Outside World: Can you be true to Pasquaney in the adversity of the great "out there" ? What does it take? It takes a certain kind of faith, a willingness to serve others, to let your guard down in good will. You have to risk the all-too-frequent disappointment, the disillusionment of failure. Even when you meet up with situations that destroy your trust and your faith in your ideals, you have to believe that there are people out there who, like you, believe in honesty and thoughtfulness. The more we believe in our ideals, the more likely it will be that others will join us.

Andrew Sanford on Love: Few people can say they have been part of a community that is more accepting and friendly than the one that exists here at camp. It is the love we have for one another that makes this place special. Make love part of your everyday interactions by thinking about nice things you can do to help out other people and our community in general. This will ultimately give you the greatest happiness later in life, and you will be able to look back knowing you did something positive for others. Let Pasquaney be a place where you try to discover what is true to your heart, and good luck on whatever path life takes you.

Kevin Cattrell on Building Faith: The most important thing I think any of us can have while we are away from our favorite networks of support is faith in what we know is the best way to live. I believe what we really do at Pasquaney is cultivate rock solid faith. At any given moment of the season, we are accumulating proof that our kind of community, held together with service, love, and honesty, works even when there are trying conditions. One of the most important brands of faith, perhaps the most important one, is the faith we have in ourselves. Keeping the faith in ourselves allows us to fill out the room we have to grow. Everywhere we go, let's be builders of faith, starting with the little things we can be doing all the