A Tree Talk by Bill Sanford in 1993

My challenge to you is to learn to look at life in a more positive way. Don’t get caught up in minor disappointments or find yourself sulking over past mistakes. Try to remember my three tips: don’t dwell on the past, have many facets of your life to fall back on in case of disappointment, and be thankful for the glorious gifts you already have … Keep your everyday challenges in perspective and live life to its fullest.