Briggs Anderson on Bubbles and Attitude (shortened)

I live in a bubble. My bubble, like yours, will never have the ability to stop a bullet, protect me from vicious words or acts, or even protect me from ultraviolet rays. Instead, your bubble decides how you see things, how you say and do things; it even has the ability to make you act a certain way. Your bubble is so much a part of who you are and what you do, that the more you put into it, the more you will get out of it. If you expose your bubble to constant sarcasm and always make fun of people, then your bubble’s filters will become dirty and everything you see, hear, and do will have a tinge of bitterness and negativity. On the other hand, if you are always striving to have a good attitude and try to say and do nice things then your bubble will leave sweetness and goodness with everything you say and do. Make choices about your attitude, and pursue those choices with all of your confidence and energy. Your bubble will be with you through all of your challenges and aspirations in life, so get to know it, learn to love it, and always, always try to better it.